

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 SEPTEMBER SUICIDE PREVENTION AWARENESS MONTH	 NATIONAL SELF-CARE AWARENESS MONTH	1 8:15  Bible Study 9:30  Walk Aerobics Class 1:00  Bowling 1:00 Humana - Medicare 101 1:30  Sequence 2:00  Book Club #1 5:30  Cribbage	2 9:30  Chair Yoga 9:30  Knittwitters 9:45 Golden Grounds Coffee Hour	3 9:00  Exercise 1:00  Sheepshead 3:30  Scrabble	4 9:30  Chair Yoga 1:00  Dominoes	5 WE WILL BE CLOSED ON LABOR DAY 
6 9:00  Catholic Mass 1:00  Dominoes	7 Labor Day - OFFICE CLOSED 1:00  Bridge 3:00  Orange Shoe Fitness 5:30  Dominoes 6:00  Texas Hold'em	8 8:15  Bible Study 9:30  Walk Aerobics Class 1:00  Bowling 1:30  Sequence 2:00  Book Club #2 5:30  Cribbage	9 9:30  Chair Yoga 9:30  Knittwitters 9:45 Golden Grounds Coffee Hour 1:00  Bunco	10 9:00  Exercise 1:00  Sheepshead 3:30  Scrabble	11 9.11 Patriot Day 9:30  Chair Yoga 11:00 WII Bowling 1:00  Dominoes	12 <i>Happy</i> Grandparents Day  <i>First Sunday after Labor Day</i>
13 9:00  Catholic Mass 1:00  Dominoes	14 1:00  Bridge 3:00  Orange Shoe Fitness 5:30  Dominoes 6:00  Texas Hold'em	15 8:15  Bible Study 9:30  Walk Aerobics Class 1:00  Bowling 1:00 Celebrate It All Fest 1:30  Sequence 5:30  Cribbage	16 9:30  Chair Yoga 9:30  Knittwitters 9:45 Golden Grounds Coffee Hour	17 FIRE ALARM TESTING 9:00  Exercise 1:00  Sheepshead 3:30  Scrabble	18 9:30  Chair Yoga 1:00 BINGO! 1:00  Dominoes	19  WORLD ALZHEIMER'S DAY - SEPTEMBER 21
20 9:00  Catholic Mass 1:00  Dominoes	21 1:00  Bridge 3:00  Orange Shoe Fitness 5:30  Dominoes 6:00  Texas Hold'em	22 8:15  Bible Study 9:30  Walk Aerobics Class 10:30 Rise & Shine Breakfast 1:00  Bowling 1:30  Sequence 5:30  Cribbage	23 First Day of Fall (Equinox) 9:30  Chair Yoga 9:30  Knittwitters 9:45 Golden Grounds Coffee Hour 1:00 Bunco	24 9:00  Exercise 1:00  Sheepshead 3:30  Scrabble	25 9:30  Chair Yoga 11:00 WII Bowling 1:00  Dominoes 6:00 Cocktail Hour With Twist	26 NATIONAL GOOD NEIGHBOR DAY - SEPT 28 
27 9:00  Catholic Mass 1:00  Dominoes	28 1:00  Bridge 3:00  Orange Shoe Fitness 5:30  Dominoes 6:00  Texas Hold'em	29 8:15  Bible Study 9:30  Walk Aerobics Class 1:00  Bowling 1:00 Wooden Leaf Wreaths 1:30  Sequence 5:30  Cribbage	30 9:30  Chair Yoga 9:30  Knittwitters 9:45 Golden Grounds Coffee Hour	 NATIONAL HISPANIC HERITAGE MONTH	 SEPTEMBER NATIONAL SERVICE DOG MONTH	 ★ 9/11 ★ PATRIOT DAY We will never forget September 11, 2001 25 th Anniversary • 2001-2026